

***“This ministry has changed my life”***

*– Lucille Wall (Actress/Script Writer, London)*

***“I instantly felt empowered by the teachings”***

*– Grace K-Sarpong (Health Visitor, London)*

***“I have become more effective in my church”***

*– Ivy Lawson (Mental Health Nurse, Peterborough)*

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# WOMEN IN TUNE MENTORING CLASSES

TOUCHING & CHANGING LIVES,  
ONE WOMAN AT A TIME



# INTRODUCTION

It is very interesting that more and more women have been asking me, "How can I grow in the Lord". Many of these women have been Christians for several years, yet feel they are not matured enough in the things of God. Many of them are still struggling to grasp even the very basic tenets of our Christian faith, whilst others have been beaten and worn down by the challenges of life and are looking for an answer, any answer, to their problems. The scripture is true that God's people perish for lack of knowledge. What I find striking, however, is that most of the women who approach me also express a deep hunger and yearning for God. They have a desperate need to know and walk with Him, but simply do not know how to.

Our mission, at WOMEN IN TUNE (WIT) is to help and equip women to discover their identity and true purpose in God. Hence, the urgent need to expand our existing Mentoring Classes to benefit more women, as we support, encourage, teach and train them to the place of growth, maturity and service to God. Please read the brochure and contact us if you are interested or have any queries. Your life will be significantly transformed, if you decide to enrol. God richly bless you.

Yours in His Service

Mrs. Jennifer Wallace  
A Woman in Tune, Listening & Obeying  
Executive Director  
WOMEN IN TUNE

# PURPOSE

*"...To prepare God's people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ." - Ephesians 4:12-13 (NIV)*

1. To support, encourage and train women in the knowledge and pursuit of God
2. To help women discover their true identity and purpose in God
3. To support, train and equip women in developing their vision – turning their passion into mission.

The WOMEN IN TUNE (WIT) Mentoring Classes is a strategy to fulfil our vision of a global army of wholesome and kingdom-minded women, in tune with and on fire for God, who rise up and take their families, communities, cities, and nations for God.

*"When I joined the WIT Mentoring Classes, I had low self-esteem and a negative mindset about who I am in God. I was also not very confident in my role as a pastor's wife. However, the mentoring classes influenced my life so much that I very soon began to gain confidence in who I am in God. I found myself understanding God's love for me and trusting what He said in the Bible. My desire to know God also increased after each session. This has really empowered me to step out of my comfort zone and do things I would never have considered doing in the past. I feel stronger to support my husband in his role, as well as develop my own purpose and passion. I now mentor younger women, work as a volunteer at a Christian Saturday School and I'm about to go back to college to further my education! I've also started reaching out to my neighbours, sharing the love of Christ in practical ways. I thank God for restoring and strengthening me, and also for giving me passion through WOMEN IN TUNE."*

– Sheila Brown (Pastor's wife, London)

# WHAT IS MENTORING?

- ◆ In its traditional sense, mentoring enables an individual to follow in the path of an 'older' and/or wiser colleague who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities.
- ◆ Mentoring, therefore, is a form of teaching that includes walking alongside the person you are teaching and inviting him or her to learn from your example.
- ◆ Mentoring is about enabling and supporting, and can sometimes trigger major change in people's life and work. As such it is about developing the whole person, rather than training in particular skills.

This is what we aim to achieve at the WIT Mentoring Classes. We will come alongside to support, teach, enable, strengthen and motivate you to grow and develop in your Christian life – your walk with God and service to Him.

# WHAT IS INVOLVED?

- ◆ There are three Modules, and each one is spread over six months.
- ◆ The Mentee (person being mentored) will be responsible for their own

growth and accessing resources and support.

- ◆ The Mentee will be given a list of suggested books to purchase and read.
- ◆ There is also a bit of homework involved.
- ◆ Confidentiality is emphasised and maintained because of the level of openness in each group.

## MODULE ONE\*

### THE BASICS AND DYNAMICS OF CHRISTIAN LIVING

#### Session 1: The Basics of Christian Living

- ◆ Prayer – Learn more about prayer and how to pray effectively.
- ◆ The Word – Grow in the Lord as you get to know the Word. Learn how to read and study the bible.
- ◆ Worship – Learn more about how to worship God in spirit and truth

#### Session 2: Growing in the knowledge of God (Part 1) – Listening to God.

- ◆ Learning to hear God speak to you daily.
- ◆ Prayer is a two-way communication, yet, it often becomes a monologue because we do not know how to discern God's voice. This is an intensive, practical and interactive session to help you wait on the Lord.

#### Session 3: Getting acquainted with the Holy Spirit

- ◆ Walking and living in the Spirit
- ◆ The Fruit of the Spirit
- ◆ The Gifts of the Spirit

#### Session 4: Knowing & experiencing God's love

- ◆ The depth of God's love for us is beyond human comprehension. However, that love is the anchor and foundation of our daily walk with God. Without it, we lose our strength and power to overcome. Learn how to grow and mature in the awesome knowledge of God's love.
- ◆ The issue of fear is also addressed, as fear hinders us from achieving our full potential. We can overcome fear by knowing the love of God.

#### Session 5: Growing in the knowledge of God (Part 2) – Trust

The definition of trust is to have absolute credence and certitude in the character, ability, truth and strength of someone. Grow in strength and knowledge by learning to trust God.

- ◆ Knowing God's character
- ◆ Knowing God's abilities
- ◆ Knowing God's truth
- ◆ Knowing God's strength

#### Session 6: A Date with the King

- ◆ A date with the King – Lessons from Queen Esther's preparations to meet the king.
- ◆ What made the king desire her?
- ◆ What qualified her to be chosen? How does that relate to our walk with God?
- ◆ Consolidation, evaluation and prayer.

# MODULE TWO

## DISCOVERING IDENTITY AND PURPOSE

#### Session 1: The Identity of Woman (Part 1) – Who am I?

- ◆ Self-Assessment
- ◆ Created in the image of God
- ◆ Woman as a human being
- ◆ Woman as a 'help-meet' for man
- ◆ Woman as the 'glory of man'

#### Session 2: The Identity of Woman (Part 2) – The Anatomy and Physiology of Woman

- ◆ Woman as the mother of all living
- ◆ Similarities with the Holy Spirit

An exciting and empowering session that looks at woman's hidden spiritual strengths, as reflected in the female human body.

*"I find the WOMEN IN TUNE Mentoring classes educative, enlightening and empowering. This has not only enabled me to grow and mature, but also, to support and encourage others, and become more effective in my church."*

– Ivy Lawson (Mental Health Nurse, Peterborough)

*\*This module is open to all, both men and women.*

**Session 3:** The Woman of Strength (Part 1) – Proverbs 31 Woman, Is She Really Rare?

- ◆ What is strength?
- ◆ Who is a woman of strength
- ◆ A strong woman versus a woman of strength
- ◆ The source of strength

**Session 4:** The Woman of Strength (Part 2) – A Different Type of Strength  
This is a study of five strange women of strength. These were women with questionable backgrounds, yet they were the only women mentioned in Jesus' genealogy in Matthew Chapter 1. Learn about what qualified them to be included.

- ◆ Tamar
- ◆ Rahab
- ◆ Ruth
- ◆ Bathsheba
- ◆ Mary, mother of Jesus

**Session 5:** The Issue of Submission  
The question of submission impacts the lives of women everywhere. This session is a very interactive and informative one, as it examines the issue of submission with a focus on God's intended purpose for woman and Christ's example for us.

- ◆ What is submission?
- ◆ God's intended purpose for marriage
- ◆ Lessons from Christ's example
- ◆ Submission "thrilling and fulfilling"?
- ◆ Submission and abuse

**Session 6:** Diverse Roles of a Woman

- ◆ How to effectively manage the different roles women play - wife, mother, single, career, profession woman, in church/ministry, etc.
- ◆ Consolidation, evaluation and prayer

## MODULE THREE

### VISION DEVELOPMENT – TURNING PASSION INTO MISSION

Our vision development programme is a six-part course, which includes:

1. Teachings on:
  - ◆ The Kingdom-minded Woman
  - ◆ The Woman and the Girl Child – becoming role models for the next generation of women.
  - ◆ How to birth a vision.
2. Defining vision and passion. Identifying God-given passion and transforming that into mission.
3. Individual support in identifying spiritual gifts, natural talents and abilities, strengths, etc. How to channel these into ministry and service to God
4. Placements with ministries, churches, organisations, etc.
5. Outreach work.
6. Consolidation, evaluation and prayer.

## FEES

- ◆ Fees are charged per Module (inclusive of teaching materials). Fees are reviewed periodically and are subject to change, so please contact WOMEN IN TUNE (details overleaf) for current fees.
- ◆ Discounts are available for people who are unemployed or on Benefit.
- ◆ Expenses for placements and Outreach work will be borne by the Mentee (person being mentored).

## PERSONAL DETAILS

Please fill in the form and send to us at the contact details overleaf. Alternatively, you may email your details to us. Please do not hesitate to contact us if you have any queries.

Title: Miss/Mrs/Pastor/Other  
(Please specify)

Surname: \_\_\_\_\_

First Name(s): \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Tel/Mob: \_\_\_\_\_

Email: \_\_\_\_\_

Church/Ministry: \_\_\_\_\_

Please tick below:

- I would like more information about the WIT Mentoring Classes
- I am interested in attending the WIT Mentoring Classes; please send me a registration form.
- I would like to know more about WIT
- I would like information about other training/resources offered by WIT
- I would like to support WIT (Prayer Force, Working Task Force and Financial). Please send me a partnership form

*“Praise Almighty God for WOMEN IN TUNE. Through the Mentoring Classes, this ministry has changed my life, brought out the real pearl in me and inspired me to do exploits for Christ. Jennifer Wallace’s commitment to the ministry reveals Christ’s passion for women. How awesome! The teachings have helped me to see myself the way God sees me, a true apple in His eye. I am no longer a bird, using my legs to get around! Thank You Jesus! Let Your will be done in all the women who are making melody in their hearts (in tune) to You.”*

– Lucille Wall (Actress/Script Writer, London)